



Are you aged 16-30?

**Not in full-time education,
employment or training?**

Get Started with

Screenwriting & Mindfulness



- Learn the art of storytelling on screen from a professional screenwriter, and how mindfulness practice can clear your mind, enhance creativity, and allow you to unlock your writing skills.
- Cover plot and character development.
- Create a narrative and exploring key themes.
- Explore meditation techniques.
- Have your script read by professional actors.

DATES FOR YOUR DIARY:

- Taster day: Wed 13th September
- Programme: Mon 18th - Fri 22nd September
- Mentoring support for 6 months



Prince's Trust

Sign up or find out more

Call: 0800 842 842

Email: Emily.spruce@princes-trust.org.uk

