

Community Learning West – FREE courses for people living in Bristol and/or surrounding areas, aged 19 or over who have few or no formal qualifications and face significant barriers to further learning and employment. If your course is online and you are worried about getting started with online learning, please call the contact number for the course you are interested in and they will be able to help you.

Course Title & Description	Time	Start Date & Day	No. of weeks	Contact	Delivery
<p>National Career Service Support NCS is working in partnership with the Bristol City Council & Community Learning Team. Anyone enrolled on a course funded by Bristol Community Learning Team and anyone aged 18 and over are eligible for 1:1 careers advice to support them with their next steps on their career & learning journey.</p> <p>Services include:</p> <ul style="list-style-type: none"> • CV support- Writing & Reviewing Application support • General Careers advice • Planning your next steps • Finding further training and learning following completion of their course • Careers Workshops <p>If you would like to book a FREE careers advice session with our Qualified seconded career coach, please contact us on the details below.</p> <p>Margz Ahmad Seconded National Careers Service Adviser Bristol City Council IAG Worker</p> <p>Mob: 07917328978 E-mail: MargzAhmad@adviza.org.uk or Margz.ahmad@bristol.gov.uk</p>					
Employability					
<p>*Introduction To Remote Learning Learn how to use Zoom, set up an email account with a safe password and staying safe online.</p>	3hr workshop	30/05/22 Monday	1 session	Debra Howarth 07809658362 debra.howarth@cmtservices.co.uk	Face-to-face The Greenway Centre Doncaster Road Southmead BS10 5PY
<p>*Confidence In Employability This course covers personal skills and attributes, writing a good CV and cover letter, using different resources to search for jobs, preparing for an interview.</p>	9.30am to 3pm	Tuesday to Thursday Dates in July TBC	3 days	Debra Howarth 07809658362 debra.howarth@cmtservices.co.uk	Face-to-face The Greenway Centre Doncaster Road Southmead BS10 5PY

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IT Skills					
Getting Digital Join a small, FREE, friendly, local course. Get support to improve your digital skills: emailing, using the internet, e-safety, completing online forms, saving attachments, and more.	10am to 12noon	09/06/22 Thursdays	7	Shani Smith Shani.smith@bristol.gov.uk 07775227352	Face-to-face South Bristol Children's Centre Prewett Street Redcliffe BS1 6RE
Get Digital Join a small friendly group and improve your IT skills, includes using the internet, e-safety, completing online forms, emailing and more.	9.30am to 11.30am	14/06/22 Tuesdays	4 may be extended to 6	Suzanne Gaffney suzanne.gaffney@bristol.gov.uk 07787451776	Face-to-face Shirehampton Methodist Church ShireJTEHub Penpole Avenue Shirehampton BS11 0DY
*Digital Study Skills A 3-week course aimed at adults wanting to develop essential digital study skills and confidence to support their learning.	10am to 12noon	06/07/22 Wednesdays	3	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face YES West Street Bristol BS2 0BH
Non-Accredited Functional Skills, ESOL & Language					
Brush Up Your English For Work Improve your written English for work, brush up on punctuation in formal writing. Gain confidence and improve your interview skills.	1pm to 3pm	23/05/22 Mondays	8	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Face-to-face Long Cross/Four Villages Children's Centre Long Cross Lawrence Weston BS11 0LP Suitable for Entry Level 3 and above
ESOL For Everyday Build up your skills and confidence in reading, writing and speaking English. Aimed at those with English as an additional language. Free creche – must book.	10am to 12noon	15/06/22 Wednesdays	6	Lucy Fieldhouse Lucy.fieldhouse@bristol.gov.uk 07788353446	Face-to-face Inns Court Community & Family Centre 1 Marshall Walk BS4 1TR Mixed levels. More ESOL courses in autumn for specific levels.

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ESOL Conversation Clubs	Various times			esolconversationclubs@bristol.gov.uk for more information check our website www.esolcc.org	Online using ZOOM Some Clubs also meet in person. See website for details
*Dyslexia Support And Study Skills Supportive course for adults who have been diagnosed as dyslexic or think they are. During the course learners will be provided with opportunities to share experiences, identify their personal learning styles and strengths as well as focus on resources to aid spelling and writing.	10am to 12noon	21/06/22 Tuesdays	5	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face YES West Street Bristol BS2 OBH
*Confidence For Learning Maths This short and interactive course will support learners to build classroom skills and confidence. Learners will have the opportunity to leave this course with an understanding of their Maths level and how to continue learning on accredited or non-accredited pathways.	1pm to 3pm	28/06/22 Tuesdays	3	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face-to-face YES West Street Bristol BS2 OBH
Parenting And Family Learning					
Love Learning About Money A course to support parents in teaching their children under the age of 7 about money.	1pm to 3pm	08/06/22 Wednesdays	5	Pippa Davies 07385 939446 Pippa.davies@bristol.gov.uk	Face-to-face Oldbury Court Children's Centre Frenchay Road Bristol BS16 2QS
Family Fun At The Museum A family learning course for parents/carers and under 5s. Explore how to get the most out of a family visit to a museum and estate. Includes fun craft activities and songs, stories, etc.	10am to 12noon	15/06/22 Wednesdays	4	Suzanne Gaffney 07887451776 Suzanne.Gaffney@Bristol.Gov.Uk	Face-to-face Blaise Castle House Kings Weston Road BS10 7QS For parents/carers and under 5s
Paediatric First Aid A practical course that will help you deal with health emergencies involving babies and children.	9am to 12noon	27/06/22 Mondays	4	Pippa Davies 07385 939446 Pippa.davies@bristol.gov.uk	Face-to-face Minerva Primary Academy The Greenway Bristol BS16 4HA

<p>*Triple P Parenting Triple P (Positive Parenting Programme), is as an 'evidence-based' parenting programme. This means, it's tried and tested and proven to work. Designed and created by clinical psychologist from Queensland University, Australia, Triple P has been running for over 30 years, and is used in countries across the world.</p>	TBC	TBC	TBC	<p>Jonothan Hope 07779086892 jonothan.hope@wider-world.org.uk</p>	<p>Please contact Jonothan Hope for more details of venues and courses and to register your interest.</p>
<p>*Boost Pupils and parents learn together about resilience, confidence, teamwork, leadership, problem-solving, goal-setting and curiosity. Each two-hour session is designed to get children and their parents thinking, reflecting, planning and taking control of what they want and how they're going to achieve it.</p>	TBC	TBC	TBC	<p>Jonothan Hope 07779086892 jonothan.hope@wider-world.org.uk</p>	<p>Please contact Jonothan Hope for more details of venues and courses and to register your interest.</p>

We welcome suggestions for new courses so please call us if you do not see a course you are looking for. Check our website www.communitylearningwest.net and our Facebook page <https://www.facebook.com/BristolCommunityLearning/>

* These courses are delivered on behalf of Community Learning West by commissioned partners.