GET STARTED

This FREE course will help you to:

- Develop your animal handling experience

- Build confidence and resilience

- Gain practical horse care skills

Develop team building and communication skills
Focus on Well-being and self-care

With 1-1 support post-programme for up to 6 sessions

Taster Day: Wednesday 17th August 11am - 1pm Programme: Monday 22nd - Friday 26th August 10am - 3pm Next Steps Day: 31st August 10am - 3pm

Interested? Rosie.kinnear@princes-trust.org.uk 0800 842 842





16-30?