

EXPLORE

16-30?

Personal Development course

This **FREE 3 week** course will help you:

- Boost confidence and improve teamwork skills.
- Identify and set your own goals with **1:1 support**.
- Support **employability** and independent living skills.
- Take part in group activities that are creative, outdoors and hands on.
- **Get motivated!**

DATES FOR YOUR DIARY:

- Last day to apply: 27th July
- Taster Day: Wednesday 3rd August
- Course Starts: Tuesday 9th August

Interested?



0800 842 842



sam.walton@princes-trust.org.uk



Prince's Trust