



MAY

IS MENTAL HEALTH  
AWARENESS MONTH

#breakthestigma

# Fully Funded Mental Health Career Courses

This nationally recognised qualification pathway will give you the foundational knowledge required to begin a career in the Mental Health Sector. You will develop an understanding of common Mental Health conditions and how you can support individuals who are living with them.

Date	Wednesday 25th May 2022
Time	10.00 AM - 4.00 PM
Venue	Dimensions Training Solutions Whitefriars, Floor 2, Lewins Mead, Bristol BS1 2NT



Whether you're interested in learning for future work, career progression or self development, our range of nationally recognised qualifications provide a flexible approach to your learning.

During the course you will cover:

- What is meant by mental health
- The social and personal effects of mental ill health
- The responses to mental health issues
- Cultural diversity in relation to mental health issues
- Approaches to care and management in mental health
- Understanding stress, anxiety, depression, phobias, OCD and eating disorders



On successful completion you will achieve:

- L1 Award in Mental Health Awareness
- L2 Certificate in Safeguarding/Equality & Diversity
- L2 Certificate in The Principles of the Mental Health Care Worker

Eligibility requirements:

- Attendees must be unemployed, not in full time education and aged 16+
- Living in the West of England area (Bristol, BANES, South Gloucestershire and North Somerset)
- Have the right to live and work in the UK/EU

✉ For more information or to enrol, contact:  
[monika.sandhu@dimensionstrainingsolutions.co.uk](mailto:monika.sandhu@dimensionstrainingsolutions.co.uk)

**YOUR TIME**  
*Youth Support*

**SKILLS SUPPORT**  
*West of England*

