







## Confidence in Employability

Wednesday - Friday inclusive 10-3pm Monday 10 – 1pm

**Next Course** 

25<sup>th</sup>- 27<sup>th</sup> May 2022 and 30<sup>th</sup> May 2022

This free course offers: Personal development and employability skills for adults who want to develop confidence, digital skills and understanding required to return to work.



- Identify own skills and attributes and link them to a job role.
- Identify job sites and other sites that can support you into work.
- To complete a CV and covering letter and job applications.
- Identity how to prepare for an interview and take part in a mock interview
- To progress onto your next steps to help you get that job!
- How to use Zoom and staying safe on-line

Venue: CMT services The Greenway Centre Doncaster Road Southmead Bristol BS10 5PY

For more information and enrolment

Contact Debra Howarth on Tel: 07809658362 or debra.howarth@cmtservices.co.uk



