



JUNE update FREE courses

Community Learning West offers a wide range of **FREE** courses to people living in Bristol and/or surrounding areas, aged 19 or over who have few or no formal qualifications and face significant barriers to further learning and employment.

Some courses take place **online** using Zoom, Google Classroom, Facebook, etc. Others take place **face-to-face**. For online courses, learners need a smart phone, laptop or tablet and data/Wi-Fi for internet use. Community Learning West has some tablets to loan out and Wi-Fi bundles to help learners with limited digital access. Please contact Community Learning West by email lctinfo@bristol.gov.uk for more details.

National Career Service Support

NCS is working in partnership with the Bristol City Council & Bristol Community Learning Team. Anyone enrolled on a course funded by **Bristol Community Learning Team** and **anyone aged 18 and over** is eligible for 1:1 careers advice to support them with their next steps on their career & learning journey.

Services include:

- CV support- Writing & Reviewing
- Application support
- Finding further training and learning following completion of their course
- General Careers advice
- Careers Workshops
- Planning your next steps

If you would like to book a **FREE** careers advice session with our Qualified seconded career coach, please contact us on the details below.

Margz Ahmad

Seconded National Careers Service Adviser

Bristol City Council IAG Worker

Mob: 07917328978 E-mail: MargzAhmad@adviza.org.uk or Margz.ahmad@bristol.gov.uk

Courses starting soon...



Non-accredited Maths and English

Brush Up Your English For Work

Ideal for adults who want to improve their written English for work, brush up on punctuation in formal writing. Gain confidence and improve interview skills. **Face-to-face** at Long Cross Children's Centre, Lawrence Weston, BS11 OLP. 1pm to 3pm, Mondays for 8 weeks **from** 23/05/22. Contact Suzanne Gaffney on 07887451776 or email suzanne.gaffney@bristol.gov.uk

*Dyslexia Support And Study Skills

Supportive course for adults who have been diagnosed as dyslexic or think they are. During the course learners will be provided with opportunities to share experiences, identify their personal learning styles and strengths as well as focus on resources to aid spelling and writing. **Face-to-face** at YES, West Street, Bristol, BS2 OBH. 10am to 12noon, Tuesdays for 5 weeks **from** 21/06/22. Phone 0117 9739744 or email information@youtheducationservice.org.uk

*Confidence For Learning Maths

A short and interactive course to help learners back into the classroom and build confidence and skills. Learners will gain an understanding of their Maths level and how to continue learning on accredited or non-accredited courses. Face-to-face at YES, West Street, Bristol BS2 OBH. 1pm to 3pm, Tuesdays for 3 weeks from 28/06/22. Phone 0117 9739744 or email information@youtheducationservice.org.uk

IT and Employment Skills



*Introduction To Remote Learning

Learning online is here to stay! This 3-hour workshop will help you use Zoom and stay safe online. Face-to-face at The Greenway Centre, Doncaster Road, BS10 5PY. One session on 30/05/22. Contact Debra Howarth on 07809658362 or email debra.howarth@cmtservices.co.uk

*Confidence In Employability

Covers personal skills and attributes, writing a good CV and covering letter and job searching using a range of tools. Prepare for the interview and get that job! **Face-to-face** at The Greenway Centre, Doncaster Road, BS10 5PY. 9.30am to 3pm, **July dates TBC.** Contact Debra Howarth on 07809658362 or email debra.howarth@cmtservices.co.uk

Getting Digital

Join a small, FREE, friendly, local course. Get support to improve your digital skills: emailing, using the internet, e-safety, completing online forms, saving attachments, and more. Face-to-face at South Bristol Children's Centre, Prewett Street, Redcliffe, BS1 6RE. 10am to 12noon, Thursdays for 7 weeks from 09/06/22. Contact Shani Smith on 07775227352 or email Shani.smith@bristol.gov.uk

Get Digital

Join a small friendly group and improve your IT skills, includes using the internet, e-safety, completing online forms, emailing and more. **Face-to-face** at Shirehampton Methodist Church, ShireJTEHub, Penpole Avenue, Shirehampton, BS11 0DY. 9.30am to 11.30am, Tuesdays for 4 weeks initially **from 14/06/22**. Contact Suzanne Gaffney on 07887451776 or email suzanne.gaffney@bristol.gov.uk

*Digital Study Skills

A 3-week course aimed at adults wanting to develop essential digital study skills and confidence to support their learning. **Face-to-face** at YES, West Street, Bristol BS2 OBH. 10am to 12noon, Wednesdays for 3 weeks **from 06/07/22**. Phone 0117 9739744 or email information@youtheducationservice.org.uk

Family Learning

NEW Love Learning About Money

A course to support parents in teaching their children under the age of 7 about money. **Face-to-face** at Oldbury Court Children's Centre, Frenchay Road, Bristol, BS16 2QS. 1pm to 3pm, Wednesdays for 5 weeks **from 08/06/22**. Contact Pippa Davies on 07385939446 or email Pippa.davies@bristol.gov.uk

NEW Family Fun At The Museum

A family learning course for parents and under 5s. Explore how to get the most out of a family visit to a museum and estate. Includes fun craft activities and songs, stories, etc. **Face-to-face** at Blaise Castle House, Kings Weston Road, BS10 7QS. 10am to 12noon, Wednesdays for 4 weeks **from 15/06/22**. Contact Suzanne Gaffney on 07887451776 or email suzanne.gaffney@bristol.gov.uk

Paediatric First Aid

A practical course that will help you deal with health emergencies involving babies and children. **Face-to-face** at Minerva Primary Academy, The Greenway, Bristol, BS16 4HA. 9am to 12noon, Mondays for 4 weeks **from 27/06/22**. Contact Pippa Davies on 07385939446 or email Pippa.davies@bristol.gov.uk

*Triple P Parenting. COMING SOON

Triple P (Positive Parenting Programme), is as an 'evidence-based' parenting programme. This means, it's tried and tested and proven to work. Designed and created by clinical psychologist from Queensland University, Australia, Triple P has been running for over 30 years, and is used in countries across the world. **If your school is interested in hosting a course**, please contact Jonothan Hope on 07779086892 or email jonothan.hope@wider-world.org.uk

*Boost. COMING SOON

Pupils and parents learn together about resilience, confidence, teamwork, leadership, problem-solving, goal-setting and curiosity. Each two-hour session is designed to get children and their parents thinking, reflecting, planning and taking control of what they want and how they're going to achieve it. **If your school is interested in hosting a course**, please contact Jonothan Hope on 07779086892 or email jonothan.hope@wider-world.org.uk

ESOL Conversation Clubs and Courses



ESOL Conversation Clubs

To join a friendly Zoom meeting contact <u>esolconversationclubs@bristol.gov.uk</u>. For more information check our website <u>www.esolcc.org</u> or visit Learn English in Bristol website: <u>www.LEB.community</u>

ESOL For Everyday

Build up your skills and confidence in reading, writing and speaking English. Aimed at those with English as an additional language. Free creche – must book. **Face-to-face** at Inns Court Community & Family Centre, 1 Marshall Walk, BS4 1TR. 10am to 12noon, Wednesdays for 6 weeks **from 15/06/22**. **Mixed levels. More ESOL courses in autumn for specific levels.** Contact Lucy Fieldhouse on 07788353446 or email Lucy.fieldhouse@bristol.gov.uk

* These courses are delivered on behalf of Community Learning West by commissioned partners



